

## **Aging and PTSD Study**

**Category**

PTSD/TBI

**Enrollment Closing Date**

Dec 31, 2019

**Description**

This study investigates the aging process in Veterans with and without PTSD. As a participant, you will be asked to complete 4 study visits over 3 years. You will be asked questions about your physical and mental health, moods and habits, and you will participate in tasks that measure your thinking and memory. Your vital signs will be measured, and your blood and urine will be collected to study biological markers of health and aging. You will be compensated up to \$375.

**Requirements**

Seeking Male and Female Veterans, ages 25 to 65.

Must live in the San Diego area for the next 3 years and/or must be able to come to the VA San Diego Hospital 4 times over the next 3 years.

**Benefits**

Your participation in this study will help researchers and clinicians learn more about the biological and cognitive effects of PTSD across the lifespan, which may ultimately lead to new treatment options for Veterans with PTSD.

**Contact  
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